

ARTHUR P. SCHALICK HIGH SCHOOL

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Home of the Cougars

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Dear Parents of Athletes:

August 2012

The State of New Jersey and the NJSIAA (New Jersey Interscholastic Athletic Association) instituted another policy concerning the safety of athletes throughout New Jersey. The NJSIAA is requiring all student/athletes, coaches, athletic trainers, athletic directors, and nurses to undergo training for recognizing concussion symptoms in student/athletes as well as notifying athletes and their parents about symptoms, treatment and return to play guidelines for athletes that are suspected of sustaining a concussion. The students will meet with our trainer to stress the possible implications of playing through a concussion and the effects it may cause an athlete. This is similar to the Steroid Testing Policy enacted by the NJSIAA a few years ago and will become part of the sports sign up packet in future years.

In addition to the above, all coaches and athletic department personnel are being required to complete an online training course on concussion recognition and protocol entitled Concussion in Sports-What You Need to Know. This course will inform our staff to identify symptoms of a concussion as well as follow through with our Athletic Trainer Ms. Dottie Lower on proper protocol for this situation. A yearly update will be completed with our athletic staff after completion of the online course.

I ASK AS THE ATHLETIC DIRECTOR THAT YOU PLEASE READ THE INFORMATION PROVIDED AND RETURN THE PITTSGROVE TOWNSHIP SCHOOL DISTRICT/A.P. SCHALICK HIGH SCHOOL PARENT/GUARDIAN CONCUSSION FACT SHEET AND ACKNOWLEDGEMENT FORM TO THE COACHES AND THE COACH WILL RETURN IT TO THE ATHLETIC TRAINER MS. LOWER. HOWEVER, YOU SHOULD KEEP THE INFORMATIONAL FORMS FROM THE CDC AS A REFERENCE SHEET.

Thank you for your cooperation as the athletic department makes every effort to provide the Schalick athletes with a safe environment in which to participate. Any questions please call me at my office.

Sincerely,

Michael Clarke
Athletic Director